

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Alan Van Der Merwe

Has successfully participated & completed the

**Cross Duathlon - Supersprint Cowhouse Cross Duathlon #3** 

held at Hazeldean Valley Trails.

**TIME** 00:45:31

**PACE** 03:30/km

**OVERALL** 4 of 14

**GENDER** 4 of 10

< 13 3 of 7

06 August 2023, Sun

Date



BoutTime

Signature